

MOUTH HEALTH MATTERS!

— exploring oral - systemic health —

CARDIOVASCULAR DISEASE

#1

The number one cause of death in the United States, claiming more lives than all types of cancer combined.¹

Risk factors for heart disease:

- ✓ High blood pressure
- ✓ High cholesterol
- ✓ Diabetes
- ✓ Gum Disease²



- ✓ Physical Inactivity
- ✓ Poor Diet
- ✓ Smoking
- ✓ Drinking Alcohol



Coronary heart disease patients' risk of death increases with every tooth lost.³



BETWEEN
80 - 90%
percent of heart disease
can be prevented
with lifestyle changes.⁴



\$5,168

per year for
Stroke Patients

Periodontal treatment
reduces hospital
admissions and lowers
annual medical costs.⁵



\$1,090

per year for
Heart Disease Patients

**PERIODONTAL
DISEASE**

**IS DIRECTLY
LINKED TO**

**ARTERY
INFLAMMATION.⁶**

Periodontal Pathogens Affect



Heart
Attack



Stroke



High Blood
Pressure



Other
Biomarkers

SOURCES:

1. <http://www.cdc.gov/heartdisease/facts.htm>
2. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2504402/>
3. <http://cpr.sagepub.com/content/early/2015/12/14/2047487315621978>
4. [http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(04\)17018-9/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(04)17018-9/abstract)
5. <https://www.unitedconcordia.com/dental-insurance/dental/conditions/ucwellness-oral-health-study/results-ucwellness-oral-health-study/>
6. <http://content.onlinejacc.org/article.aspx?articleid=1144173>
7. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3403746/>

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